

# Sprains, strains, and aches? Come to PT!



**“My orthopedic surgery  
was cancelled, and I’m still  
having pain.”**

Physical therapy can help with pain management and prepare for your upcoming surgery.

**“How clean is the  
facility?”**

We are spacing patients out while balancing a nice, safe environment by wearing masks and maintaining a rigid cleaning schedule.

**Got Questions?**

**“My old injury has  
flared up and PT has  
helped in the past.  
Can I see a PT without  
a referral from my  
doctor?”**

For most insurances you can see us without a prescription for up to 30 days

Here are Rainier Physical Therapy we are proud to serve our community during this time. If you have any questions, please reach out.

Call us at 724-590-0494

Email [rainierpt@zoominternet.net](mailto:rainierpt@zoominternet.net)



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