

Post operative instructions for implant placement.

Bleeding:

- Some bleeding is normal after surgery, so gently bite down on the gauze until the bleeding has stopped.
- If the bleeding is excessive and continues after biting on the gauze, please contact the office for further instructions

Swelling

- Swelling is normal and may occur after surgery. To minimize swelling use ice packs on the cheek area for the first 48 to 72 hours.
- If any hard and red swelling occurs please contact the office.

Diet

- Drink plenty of fluids
- Soft foods and liquids should be eaten on the day of the surgery
- Avoid hot foods and liquids for the day
- You may return to normal foods the next day unless instructed otherwise by Dr. Guraya
- Avoid Dairy products for 1 week

Oral Hygiene

- You may gently brush your teeth
- You may start the peridex mouth rinse the night of your surgery. The next day use the rinse as directed.
- You can use warm salt water soaks to help with soreness (1 tsp of salt in 8oz glass of warm water)

Pain

- You may experience some pain; you may start your pain medication as soon as you are able to eat and before the numbness wears off.
- If any excessive pain occurs, and the pain medication is not helping, please contact our office.

Antibiotics

- Be sure to take the antibiotics as directed to help prevent infections.

Activity

- Keep the physical activity to a minimal the day of surgery. As long as you are taking a narcotic pain medication, you should not operate machinery or drive.

Wearing your prosthesis

Partial denture, flippers or full denture should not be used immediately after surgery. The prosthesis is only for looks, do not try to eat or bite with them in. The implant (s) needs time for the bone to heal, so therefore you should not apply any pressure to the area.

Emergencies

For emergencies outside office hours, please call Dr. Guraya at 434-906-0559. If you are unable to reach Dr. Guraya, please go the nearest emergency room.

For patients that had general anesthesia with surgery:

- Do not drive for 24 hours after surgery. You may feel alert but your fine motor skills and reflexes will be diminished.
- Do not operate machinery or perform any tasks requiring fine motor skills and reflexes for the remainder of the day.
- Avoid making important decisions
- Allergic reactions are rare with the medications being used, however if you feel that something is abnormal, contact our office immediately.
- A responsible adult should stay with you for the remainder of the day following the surgery.