

**Breakfast at the
Strongsville Rec & Senior Center Cafe
Monday - Friday 8:00-10:00am**

Please enter through the Recreation Center.

Limited amount of seating will be available for dine in.
Carry out available.

Social distancing guidelines will be maintained



Omelet \$5.50

Bacon & Cheese, Sausage & Cheese, Ham & Cheese, Veggies & Cheese with Mushrooms, Onions & Green Peppers, Hash Browns, Toast

2 Eggs - Hash Browns \$3.50

Bacon or Sausage with Toast

Egg Sandwich \$3.00

Bacon & Cheese or Sausage & Cheese

French Toast \$3.00

Bacon or Sausage \$1.00 extra

Oatmeal \$2.00

Toast and Jelly \$1.00

Hash Browns \$1.25

Coffee or Orange Juice \$1.00

Order in person or by calling 440-580-3268.

STRONGSVILLE SENIOR CENTER

MARCH LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	① Roasted Chicken Parslied Potatoes	② Potato Crusted Cod Macaroni & Cheese	③ Swiss Steak Rice	④ Fettucine Alfredo w/ Broccoli
⑦ Grilled Chicken Roasted Potatoes	⑧ Turkey Tetrzzini Noodles	⑨ Pork Roast Mashed Potatoes	⑩ Beef Tips Noodles	⑪ Chopped Sirloin Baked Potato
⑭ Cranberry Chicken Noodles	⑮ Ham Stuffing	⑯ Italian Sausage Stuffed Shells	⑰ <i>*St. Pat's Lunch*</i> Coleslaw Corned Beef Cabbage Red Skin Potatoes Key Lime Pie Register by 3/11	⑱ Baked Rigatoni
⑳ Beef Creole	㉑ Breaded Pork Chop Buttered Noodles	㉒ Stuffed Cabbage Mashed Potatoes	㉓ Balsamic Chicken Rice	㉔ Fried Pollock Roasted Potatoes
㉘ Meatball Sandwich Fries	㉙ Creamed Chicken Rice	㉚ Meatloaf Mashed Potatoes	㉛ City Chicken Parslied Potatoes	

The Strongsville Senior Center is providing affordable carry out home cooked meals. Here are the details!

*Monday thru Friday delicious meals can be picked up at the Strongsville Senior Center's Event Center Doors from 11:30am-1:30pm.

*Meals are \$5.50

*Call the kitchen at 440-580-3268 to order or to obtain a soup menu.

*Meals include salad, main course, vegetable, bread and dessert.

*All meals are fresh and homemade.

*Reservations and payment are due by 12noon the day before

*Save time and order multiple meals at one time!

*Sorry no substitutions

Soup available

32oz soup for sale (\$6)

Pre-orders & payment required
Soup menu changes weekly find menu online at www.strongsville.org or by calling the kitchen.





Friday Dinner on the Go!

Every Friday

\$10 per order

The Strongsville Senior Center will be offering an affordable home cooked meal every Friday! Here are the details!

- *Every Friday delicious meals can be picked up between 11:30am-3:30pm at the Strongsville Senior Center 18100 Royalton Rd.
- *All meals are fresh and homemade ready to heat and eat.
- *All meals include a main course and side dish and come fully cooked.
- *Meals are only \$10 and serve two people.
- *Reservation and payment are due by the Wednesday before at 12noon by calling 440-580-3268.

March Meals

4th	11th	18th	25th
Salisbury Steak & Buttered Noodles	Lemon Pepper Tilapia & Rice Pilaf	Pulled Pork Sandwich & Baked Beans	Lasagna

MARCH 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	9:15-10:00 Express Circuit 9:20 Attorney 10:00-11:00 Line Dance 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:00 Classical Painting	9:15- 10:00 SMILE 9:15 Memory Loss Support Group 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30 Movie Matinee "Just Mercy" 1:00-3:00 Knit/Crochet 1:00-3:00 Classical Painting 1:30-2:30 Yoga	9:15 - 10:00 SMILE 9:15 Benefits Check Up 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
	1	2	3	4
9:00 -11:00 Pickleball 9:15 - 10:00 SMILE 9:15 - 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	March Maple Magic! 9:15-10:00 Express Circuit 9:15 Medicare Counseling 10:00 Hearing Aid Service 10:00-11:00 Line Dance 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:00 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 11:30-1:00 St. Pat's Day Drive-Thru Lunch 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:00 Classical Painting 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
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9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 9:30-3:00 Covered Bridge Quilters 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:00 Aging in Place in the Digital Age 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30 Pinochle 12:30-1:15 Better Balance 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:00 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00 Creative Crafts 10:00-11:00 Rhythm & Movement 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:00 Classical Painting 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
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9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Better Balance 12:30 Pinochle 1:00 Low Vision Support Group 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:00 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 12:30 Movie Matinee "Stan & Ollie" 1:00-3:00 Knit/Crochet 1:00-3:00 Classical Painting 1:30-2:30 Yoga	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30-11:30 Watercolor 10:00 Attorney 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30-3:00 Bingo 12:30 Open Play
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9:00-11:00 Pickleball 9:15- 10:00 SMILE 9:15- 10:00 Asian Exercise 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:30 Bridge 1:00-3:00 Quilters	9:15-10:00 Express Circuit 10:00-11:00 Line Dancing 10:15-11:15 Yoga 11:30-12:15 SMILE 12:00 Wii Bowling 12:30-1:15 Better Balance 12:30 Pinochle 1:00 Rummikub/Dominos 1:00-3:00 Woodcarvers 1:00-3:00 Classical Painting	9:15- 10:00 SMILE 9:30-11:30 Open Woodshop 9:30 Pinochle Instruction 10:00-11:00 Rhythm & Movement 10:00 Creative Crafts 10:15-11:00 Functional Training 10:15-11:00 Better Balance 11:15-12:00 Cardio Fit 12:00 Mah Jongg	Guardians Watch Party 9:00-11:00 Pickleball 9:15-10:00 Express Circuit 9:30-11:30 Watercolor 9:30-11:30 Open Woodshop 10:30-11:30 Yoga 10:30-12:00 Bunco 11:30-12:15 SMILE 12:30-1:15 Better Balance 12:30 Open Play 1:00-3:00 Knit/Crochet 1:00-3:00 Classical Painting 1:30-2:30 Yoga	
28	29	30	31	